



GRAFTON
QUALITY LIFE. NATURALLY.

Grafton Parks and Recreation Health and Safety Plan for the Grafton Senior Center

To protect the health of participants, the following changes have been made:

- In accordance with CDC and Washington/Ozaukee Health Department guidelines, masks are optional but this is subject to change at any time based on Ozaukee County's COVID-19 Community Level.
- Please be respectful of those who choose to continue wearing a mask and be cognizant of other's personal space. It is important that we be very mindful that not everyone will be comfortable with these changes.
- The Senior Center is open for registered programs to ensure our ability to contact individuals in the event of an exposure incident. All participants must have an active membership and check-in at the start of each program.
- Do not attend programs or visit the center if you have any COVID-19 related symptoms.
- Programs spaced apart will allow for daily disinfection of high touch points.
- Some programs require pre-registration either online, by email or phone. See program details for additional information. Once a program is full, the participant will be placed on a "wait list" and will only be contacted if an opening occurs.
- Do not arrive more than 15 minutes before the start of your activity. Participants must leave immediately following the activity.
- Sanitizer and PPE products are available for customers and staff.
- Signage on CDC/Health Department practices is posted throughout the building.
- Guidelines may change based on evolving medical and health information, as well as local, state, or federal guidelines.

Response to COVID-19 Exposure / Infection Report at the Senior Center

Senior Center participants who:

- Have tested positive for COVID-19
- Have had direct exposure with an individual who has tested positive (Exposure defined by the CDC's 6-15 rule: within 6 FEET for a cumulative 15 MINUTES)
- Are without diagnosis but appear to have symptoms upon arrival at the Senior Center
- Become sick while at the Senior Center

Said participant will immediately become separated, sent home, and requested to seek medical attention.

Notification Process to Staff and Participants

If a positive case of COVID-19 is identified within a recreation program, management will notify all program staff and program participants in an email with the following language:

"An individual involved with the (insert program name here) has tested positive for COVID-19. The individual has been instructed to stay home and will not return to the program until 5 days have passed and the individual has been fever-free for 24 hours without the use of fever-reducing medication and otherwise symptom-free of COVID-19."

Isolation

People who are confirmed to have COVID-19 or are showing symptoms of COVID-19 need to isolate regardless of their vaccination status. This includes:

- People who have a positive viral test for COVID-19, regardless of whether or not they have symptoms
- People with symptoms of COVID-19, including people who are awaiting test results or have not been tested. People with symptoms should isolate even if they do not know if they have been in close contact with someone with COVID-19.

Calculating Isolation

- Day 0 is your first day of symptoms or a positive viral test, whichever occurs first.
- Day 1 is the first full day after your symptoms developed or your test specimen was collected, whichever occurs first.

Scenario	Isolation Plan	Return to Work	Vital Precautions
<p>Tested positive for COVID-19 -or- Symptomatic, regardless of vaccination status</p>	<ul style="list-style-type: none"> • 5 day isolation in specific "sick room," away from others within your home • Wear a well-fitted mask around others within your home in the event of momentary contact 	<ul style="list-style-type: none"> • <u>Symptomatic</u>: end isolation after 5 full days if fever free for 24 hours without use of medication AND other symptoms are improving • <u>Asymptomatic</u>: end isolation after at least 5 full days after your positive test • <u>Severely Ill with COVID-19</u>: Isolate for at least 10 full days. Consult your doctor before ending isolation 	<ul style="list-style-type: none"> • Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. • Do NOT go to places where you are unable to wear a mask. • Avoid travel • Avoid being around others who are at high risk of contraction

Quarantine

Senior Center participants potentially exposed based upon the 6-15-48 rule may be instructed to quarantine.

If you had close contact with someone with COVID-19 and you are in one of the following groups, you do not need to quarantine

- You are fully vaccinated
- You had confirmed COVID-19 within the last 90 days (tested positive, completed quarantine, recovered, and have since returned to work)

Calculating Quarantine

- The date of your exposure is considered day 0.
- Day 1 is the first full day after your last contact with a person who has COVID-19

Scenario	Quarantine Plan	Return to Work	Vital Precautions
Exposed to COVID-19 -and- NOT fully vaccinated**	<ul style="list-style-type: none"> • 5 day quarantine • Wear a well-fitted mask around others within your home • Get tested at least 5 days after your final date of exposure, even if you remain asymptomatic 	<ul style="list-style-type: none"> • If symptoms have improved you may return to work on day 6 with active use of a well-fitted facemask. • Monitor symptoms through day 10 • If you test positive or develop symptoms isolate immediately • If you haven't already, Get Tested • Stay home until you know the results • Wear a well-fitted mask around others within your home 	<ul style="list-style-type: none"> • Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. • Do NOT go to places where you are unable to wear a mask. • Avoid travel • Avoid being around others who are at high risk of contraction
Exposed to COVID-19 -and- Fully vaccinated*	<ul style="list-style-type: none"> • No quarantine • Get tested at least 5 days after your final date of exposure, even if you remain asymptomatic 	<ul style="list-style-type: none"> • No interruption to work if asymptomatic • Monitor symptoms through day 10 • If you develop symptoms isolate immediately and get tested. • Stay home until you know the results • Wear a well-fitted mask around others within your home 	<ul style="list-style-type: none"> • Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. • Do NOT go to places where you are unable to wear a mask. • Avoid travel • Avoid being around others who are at high risk of contraction
Exposed to COVID-19 -and- Tested positive for COVID-19 within the past 90 days	<ul style="list-style-type: none"> • No quarantine unless symptoms develop 	<ul style="list-style-type: none"> • No interruption to work if asymptomatic • Monitor symptoms through day 10 • If you develop symptoms isolate immediately and get tested. • Stay home until you know the results • Wear a well-fitted mask around others within your home 	<ul style="list-style-type: none"> • Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. • Do NOT go to places where you are unable to wear a mask. • Avoid travel • Avoid being around others who are at high risk of contraction

*Participants are considered fully vaccinated for COVID-19:

- ≥ 2 weeks after they have received the second dose in a 2-dose series (Comirnaty, Pfizer-BioNTech, or Moderna) until 6 months post vaccination. If ≥ 6 months post vaccination a participant is considered fully vaccinated if they have obtained a booster shot (Comirnaty, Pfizer-BioNTech, or Moderna).
- ≥ 2 weeks after they have received a single-dose vaccine (Johnson & Johnson/Janssen) until 2 months post vaccination. If ≥ 2 months post vaccination a participant is considered fully vaccinated if they have obtained a booster shot (Johnson & Johnson/Janssen, Comirnaty, Pfizer-BioNTech or Moderna).
- Participants who are vaccinated but fail to meet the exact criteria stated above will be considered unvaccinated for the purposes stated within this document.

**Participants are considered unvaccinated for COVID-19:

- If they have had zero doses of Comirnaty, Pfizer-BioNTech, Moderna, or Johnson & Johnson/Janssen
- If they have had one dose of Comirnaty, Pfizer-BioNTech, or Moderna
- < 2 weeks after they have received the second dose in a 2 dose series (Comirnaty, Pfizer-BioNTech, or Moderna)
- < 2 weeks after they have received a single dose vaccine (Johnson & Johnson/Janssen)
- ≥ 6 months after receiving final dose of Comirnaty, Pfizer-BioNTech, or Moderna, without receiving additional booster (Comirnaty, Pfizer-BioNTech, or Moderna)
- ≥ 2 months after receiving Johnson & Johnson/Janssen vaccine, without receiving additional booster (Johnson & Johnson/Janssen, Comirnaty, Pfizer-BioNTech, or Moderna).

For more information on our other COVID-19 plans, please visit the Administration page of the Village of Grafton website. Plan components are subject to change.

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